



Newsletter 16
15th January 2021

Dear Parents and Carers,

Well done to all – parents and children – our first full week of remote learning is complete! Thank you for your patience and resilience as we fine tune our new approach. I feel the most important aspect has been the daily Google Meets that bring the class together with the teacher – whether you are at home or in school. We have been truly growing together in love and learning. I do completely appreciate that this has been easier for some than others and thank you for persevering and doing the best you can and not worrying if it is not perfect. Hopefully, we can help each other to improve any technical difficulties.

The good news is that our first consignment of devices for children is due to arrive in school on Monday. These need to be set up by HfL IT and I have put in a request today to line up a technician to do this as soon as possible. The school has also purchased eight more devices, so we will have 15 to offer those most in need. A further application has been made for those needed over and above these. We have the list of those who need devices and will contact you to arrange to get them to you as soon as they are ready.

Free School Meals – please see the Wednesday email regarding the collect of boxes on Monday – we have heard from Herts Catering today, promising us improved boxes next week!

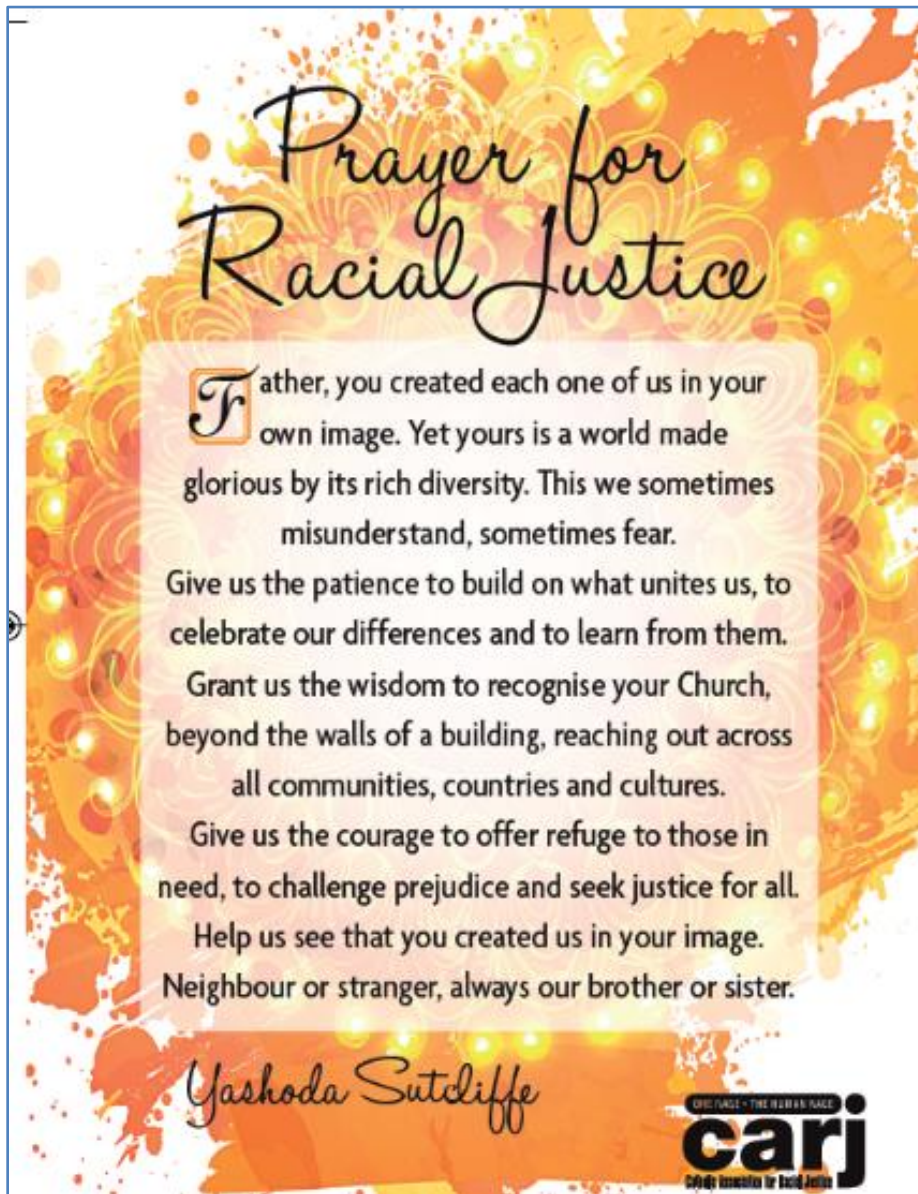
Mental Health

Please see the list of websites and support available – for parents, carers and children – to help for a range of issues at this time of increased stress for all.

The week of February 1st is also children's mental health week – as we usually have at this time of year.

Racial Justice Day – January 31st

We will also be looking to support Racial Justice Day on January 31st. Please look out for a prayer card art and prayer activity that will be coming up to mark this day. The Diocese have also sent us the following prayer.



Finally, our ambition is for all children to be able to access remote learning during the school day. If you have any problems that we can help with please do let us know by contacting admin@cuthbertmayne.herts.sch.uk We are aware of those who need devices. If your child is unwell or has COVID, please do inform the office so the teachers are aware and will not expect work to be completed. Please be aware that our SENDco will not be working this coming week.

Our thoughts and prayers go to all of those suffering during this pandemic.

Wishing you a restful weekend,

Best wishes

Mrs Smith
Headteacher



Mentally Healthy Schools - [Click here](#) – Guidance for parents on how to use the Mentally Healthy Schools resources.



Anna Freud Centre - [Click here](#) - Top tips to help families work together and support one another during the coronavirus outbreak



Anna Freud Centre - [Click here](#) – Advice for parents and carers talking about mental health with young people at primary school.



Anna Freud Centre - [Click here](#) – Advice for parents and carers talking about mental health with young people at secondary school.



Anna Freud Centre - [Click here](#) – A series of expert podcasts to help parents understand and manage child and family mental health problems.

More information to support parents and carers can be [found here](#)



Young Minds - [Click here](#) - for a wide range of resources to support parents/carers in the well-being of their children.



UK Government/Public Health England [Click here](#) –Guidance for parents and carers on supporting children and young people’s mental health and wellbeing during the coronavirus (COVID-19) pandemic



Place2Be - [Click here](#) - Coronavirus: wellbeing activity ideas for families



Childline - [Click here](#) Advice and support on coping with Lockdown 3



NSPCC Learning - [Click here](#) Advice and guidance on supporting children and young people’s mental health



Mentally Healthy Schools - [Click here](#) - Guidance and practical tools to support children’s mental health during the coronavirus crisis.



NHS - [Click here](#) - Looking after a child or young person's mental health. Support and advice for parents and carers.



Justtalkherts.org [Click here](#) Hertfordshire County Council’s Toolkit for the Five Ways to Wellbeing for children and young people.



CYPMHC - [Click here](#) - Useful resources for parents and carers on Covid-19 and children and young people’s mental health.