

nutritional NINJAS

www.nutritionalninjas.co.uk

WE PROVIDE INGREDIENTS
& EQUIPMENT !



Our classes allow children to learn a variety of cooking skills that will carry them through into later life.

Food hygiene, preparation, knife techniques, measuring ingredients as well as to value what is good for them nutritionally.

Learn to make: Garlic Bread, Tomato & Basil Spaghetti, Vanilla Pound Cake and many more.
Simply pop them in the oven at home to enjoy fresh with the family.

Spaces are limited
& are allocated on
a first come, first
served basis

All about NINJA CLASSES

Location: St Cuthbert
Mayne

Day: Friday

Time: 3.30-4.30pm

Price: £123.50

Duration: 13 weeks

Club Dates:

Sept 15th, 22nd, 29th

Oct 6th, 13th, 20th

Nov 3rd, 10th, 17th, 24th

Dec 1st, 8th, 15th

BUILD YOUR OWN RECIPE COLLECTION !

Collect your new recipe card every week so you can cook recipes you've learnt again and again



To book on visit: <https://nutritional-ninjas-limited.classforkids.io/>